• If there is no irritation or itching etc. when opening the curl, then permitting can be done in the rest of the hair.



• Do not use perm again on this test curl.

• Now you can choose the whole hair permitting.

Step by step procedure of perming

**Used Products & Accessories** 

Perming loshan

Nutrilizer

Shampu

Conditionar

Shampu Cap

Cotton

Loose combe and tail comb

**Disposibal glaves** 

End paper

Spray bottal

Parming rods

Timer

**Plastic Clips** 

Protective cream towel

Plastic Cape

Customer preparation

1. Place the customer in a comfortable position 2. Unload all the depths of the client's work, throat, and safe place

Keep at

3. Inspect hair and head.

4. Use conditioner-free shampoo and wipe the hair with towels to avoid scratching the scalp in any way.

#### process :

1. Partition of customer's hair

2. Split all the hairs into small angles at a 90 degree angle.

3. Apply the permitting lotion to the hair thoroughly with the help of cotton and wrap it on the rod.

4. If the client's skin is sensitive, then apply protective cream on the hairline to protect it from cotton.

5. When the process of applying the rod is complete, apply the Perming lotion again to the hair on the rod.

6. According to the manufacturer's instructions, after 30 minutes, first open the rod and if the hair is in the shape of "S", then wash the hair attached to the rod with lukewarm water.

7. Wrap the hair with towels to drain the water.

8. Now apply the neutralizer to each rod with cotton swab. Keep for 20-30 minutes.

9. When the process is complete, wash the hair with the rod properly, so that the neutralizer is completely removed.

10. Now remove all the rods one by one and save them from splashing.

11. Advise the client to look after the perm at home.

12. Prepare the next service only after cleaning the workplace properly.

## Beauty and Wellness Basic Cosmetology

# **Contra actions / Contra Indication**

Objectives: At the end of this chapter following task learned will receive

- · Protective precautions before permitting
- Protective precautions while permitting
- · Remedies and maintenance after permitting
- Care and maintenance performed in the Perming house.
- Protective precautions.

Contra - actions

1. When the hair is not properly frizzy

2. Over frizzy

3. On appearing itching or red rash in the foreskin.

### Contra - indications

1. Perming lotion should not be used frequently. An interval of at least three months is required. Otherwise hair can break.

2. Place the chemical permitting lotion in an airtight bottle in a safe place.

3. From time to time, working on the customer kept checking.

4. Do not scratch the scalp in any waybefore permitting.

5. The customer does not feel any kind of drag while applying the rod. That is, do not break the hair otherwise it will break.

6. Protect hair line with protective cream and cotton.

7. Make sure that the Perming lotion does not go into the eyes of the customer.

### Safety precautions

1. Your customer's clothing should always be protected. Towels should be folded in two folds so that if the mixture spills by mistake, it can absorb it.

2. Perming lotion should be applied to the client's skin and eyes. If something like this happens by accident, wash immediately with cold water.

3. Always follow the manufacturer's instructions.

4. Before the perm service, make sure to inspect the hair and scalp. If there are any signs of skin lesion or disease, stop the process immediately.

5. Before applying permanent permosing layer, apply protective insulation on the hairline and ears of the client.

- 6. Inspect the permitting rod on the head.
- 7. Never leave your customer alone during the process.
- 8. Do not use perm even on highly damaged hair.
- 9. Protect the client's skin and clothing completely.

Safety after Perming Home security of permitting

(Afercare / Homecare)

1. Most hairdressers recommend that at least 3 days of permitting, use of a margarine or hair color should be used on the hair.

2. After using perm, must use conditioner.

3. Ask the customer to use an open tooth comb.

4. Use of any kind of cosmetics or shampoos etc. on the hair for at least 3 days is prohibited.

#### Homecare

1. Advise the customer that he will not use the comb for 3 days.

2. After three days massage the oil in the hair, keep it for 30 minutes, then steam it with hot towels.

3. After an hour wash the hair with a mild shampoo and apply conditioner.

4. Comb the moisture-laden hair comb with an open tooth comb.

5. Protect hair from strong sun and wind.