

## Basic Cosmetology

Week - 15			
S.NO.	Week No.	Name of Topic	No. of Hours
1	15	(ध्यान की परिभाषा) <b>MEDITATION</b> Definition	6
2		(प्रक्रिया) Procedure	
3		(लाभ) Benefits	
4		(सुरक्षा सावधानियां) Safety Precautions	